

# Vaccinations for Preteens and Teens, Age 11–19 Years

*Getting immunized is a lifelong, life-protecting job. Make sure you and your healthcare provider keep your immunizations up to date. Check to be sure you've had all the vaccinations you need.*

| Vaccine   | Do you need it?  |
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| <b>Chickenpox</b><br>(varicella; Var)                               | <b>Yes!</b> If you haven't been vaccinated and haven't had chickenpox, you need 2 doses of this vaccine. Anybody who was vaccinated with only 1 dose should get a second dose.   |
| <b>Hepatitis A</b><br>(HepA)  | <b>Yes!</b> You need 2 doses of hepatitis A vaccine if you would like to be protected from this disease or if you have a risk factor (such as international travel) for hepatitis A. Check with your healthcare provider to find out if you have a risk factor for this vaccine.   |
| <b>Hepatitis B</b><br>(HepB)  | <b>Yes!</b> This vaccine is recommended for all people age 0–18 years. You need a hepatitis B vaccine series if you have not already received it.  |
| <b>Haemophilus influenzae type b</b> (Hib)                          | <b>Maybe.</b> If you haven't been vaccinated against Hib and have a high-risk condition (such as a non-functioning spleen), you need this vaccine.   |
| <b>Human papillomavirus</b><br>(HPV)                                | <b>Yes!</b> All preteens and teens age 11 and older need a series of doses of HPV vaccine. The vaccine protects against HPV, the most common cause of cervical cancer. It also protects against some other types of cancers, such as cancer of the anus, penis, and throat. HPV vaccine also protects against genital warts.   |
| <b>Influenza</b><br>(Flu)   | <b>Yes!</b> Everyone age 6 months and older needs annual influenza vaccination every fall or winter and for the rest of their lives.   |
| <b>Measles, mumps, rubella</b> (MMR)                                | <b>Yes!</b> You need 2 doses of MMR vaccine if you have not already received them. MMR vaccine is usually given in childhood.  |
| <b>Meningococcal ACWY</b><br>(MenACWY, MCV4)                        | <b>Yes!</b> All preteens and teens need 2 doses of MenACWY vaccine, the first at age 11–12 years and the second at age 16 years. If you are a first-year college student living in a residence hall, you need a dose of MenACWY if you never received it or received it when you were younger than 16. Check with your healthcare provider.  |
| <b>Meningococcal B</b> (MenB)                                       | <b>Yes!</b> Teens who want to be protected from meningitis type B are recommended to receive 2 doses of MenB vaccine starting at age 16. Teens with certain risk conditions (such as a non-functioning spleen) should be vaccinated also. Ask your healthcare provider if you have a risk factor.  |
| <b>Pneumococcal</b><br>(Pneumovax, PPSV; Prevnar, PCV)              | <b>Maybe.</b> Do you have an ongoing health condition? If so, check with your healthcare provider to find out if you need one or both of the pneumococcal vaccines.  |
| <b>Polio</b><br>(IPV)   | <b>Yes!</b> You need a series of at least 3 doses of polio vaccine if you have not already received them. Polio vaccine is usually given in childhood.   |
| <b>Tetanus, diphtheria, and whooping cough</b><br>(pertussis; Tdap) | <b>Yes!</b> All preteens and teens (and adults!) need a dose of Tdap vaccine, a vaccine that protects you from tetanus, diphtheria, and whooping cough (pertussis). After getting a dose of Tdap, you will need a tetanus-diphtheria (Td) shot every ten years. If you become pregnant, however, you will need another dose of Tdap during any pregnancy, preferably during the third trimester. |

**Will you be traveling outside the United States?** Visit the Centers for Disease Control and Prevention's (CDC) website at [wwwnc.cdc.gov/travel/destinations/list](http://wwwnc.cdc.gov/travel/destinations/list) for travel information, or consult a travel clinic.