

Mercer County Resource Handbook



April 2018

Emergency 911 Local Law Enforcement

Sheriff's Department:	419-586-7724
Celina Police:	419-586-2345
Coldwater Police:	419-678-2356
Fort Recovery Police:	419-375-2662
Rockford Police:	419-363-3032 option 2
St. Henry Police:	419-678-4141

After Office Hours Emergency Number to Report Child Abuse & Neglect:
419-586-7724

After Office Hours Emergency Number for Foundations Behavioral Health
Services: **800-567-4673**

Victim's Crime Assistance Program (Lima Office): **877-867-7273**

Family Crisis Network (Domestic Violence, Sexual Assault)
419-586-1133

Poison Control Center: **800-222-1222**

For More Information Contact:
Our Home Family Resource Center
117 W. Fayette St. • Celina • **419-586-4663**
www.ourhomefrc.com

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Mercer County Resource Handbook is compiled through collaborative efforts and reviewed yearly by the following agencies: Celina City Schools, Mercer County Board of Developmental Disabilities, Mercer County Educational Service Center, Mercer County Family & Children First Council, Mercer County Head Start, Mercer County Health Department, Mercer County Help Me Grow, Mercer County Job and Family Services, Mercer County WIOA, Mercer County WIC Program, Mercer Health, Grand Lake Health System, Our Home Family Resource Center, Mercer County District Library and West Ohio Community Action Partnership.

Food Pantry

C.A.L.L. Community Action Lifeline

420 N. Brandon Ave, Suite 2
Celina, OH 45822
419-586-3574
Mon., Wed., Fri. 9am - 4pm
Tues 5:30pm - 7pm

North American Indian Cultural Center

304 E. Anthony St.
Celina, OH 45822
419-586-6567
Mon. - Thurs. 1:30-4:00pm
Fri - Closed

C.A.L.L. Café

Mercer County Fairgrounds Jr. Fair Bldg
Every Tuesday
Doors open at 4:30pm, dinner at 5:30pm
*bring CALL food pantry ID

Our Home Family Resource Center

117 W. Fayette St.
Celina, OH 45822
419-586-4663
Tues. and Thurs. 9:30am - 3pm
Closed 12pm - 1pm Daily

Holy Trinity Church

830 W. Main St.
Coldwater, OH 45828
419-678-4802
Saturday 9am - 11am

Parkway Local Food Pantry

East Columbia St
Rockford, OH 45882
419-363-3230
4th Saturday of Month 9-11am
(Parkway School District only)

Agape Distribution Mobile Food Pantry (Mercer County Residents)

1st & 3rd Tuesday of the month
Mendon United Methodist 9:30-11:30am
Rockford next to Fire Dept. 12:30-3pm
2nd & 4th Tuesday of the month
Chickasaw Precious Blood 9:30-11:30am
Fort Recovery Nazarene 12:30-3pm

Legal Services

Mercer County Bar Assoc. President

Richard Delzeith
P.O. Box 298
Celina, Ohio 45822
419-586-8120
Fax: 419-586-7122

Legal Aid of Western Ohio & Domestic Violence

Toll Free: 1-866-794-7282
1-866-794-7281 (Español)
Legal Aid Line: 1-888-534-1432
www.legalaidline.org

Mercer County Prosecuting Attorney

119 N. Walnut St.
Celina, OH 45822
419-586-8677
Fax 419-586-8747
prosecutor@mercercountyohio.org



Clothing/Thrift Items

Agape Thrift Store
1220 E. Spring St.
St. Marys, OH 45885
419-394-8700

Beating Heart Boutique
560 Touvelle St.
Celina, OH 45822
419-733-4847

C.A.L.L.
420 N. Brandon Ave, Ste 2
Celina, OH 45822
419-586-3574

Goodwill Industries
2030 Holiday Dr.
Celina, OH 45822
567-890-2000

Hidden Treasures
221 W. Main St.
Coldwater, OH 45828
419-678-8247

Kidz Treehouse LLC
166 N Main St.
Rockford, OH 45882
567-324-0038
(Boutique & Consignment)

Things From The Heart
206 W. Market St.
Celina, OH 45822
419-586-2979
(Consignment)

Helping Hands Thrift Store
131 S Main St
Rockford, OH 45822
419-363-3230

Low Income Housing

Celina Garden Apts
710 Devonshire Dr.
Celina, OH 45822
419-586-6311

East Towne Villas
804 Pro Drive
Celina, OH 45822
419-586-4234

Greenland Estates
911 N. 7th St., #99
Coldwater, OH 45828
419-678-3663

Meadows at Grand Lake
1400 Meadowview Dr.
Celina, OH 45822
419-584-0678

Rockford Villa
419 N. Holly St.
Rockford, OH 45882
419-363-9905

Villa Allegra
808 Pro Dr.
Celina, OH 45822
419-586-7457

Williamsburg Square
1400 W. Market St.
Celina, OH 45822
419-586-2850

Yorkshire Place
1100 Myers Rd
Celina, OH 45822
419-586-6288

Family Support

24 Hour Mental Health Emergency Services	800-523-3978
Auglaize/Mercer County Big Brothers/Big Sisters	419-584-2447
Breastfeeding Peer Helper-Mercer County WIC Program	419-584-0037
Celina Ministerial Association	419-586-1095
Dr. Crystal Oswalt, Ph.D. (Psychologist)	419-586-3900
Choosing Life Pregnancy Center	419-733-4847
Family Crisis Network (Domestic Violence Services)	419-586-1133
Foundations Behavioral Health Services	419-584-1000
Foundations Addictions Services (Formerly Gateway Outreach Center Drug & Alcohol)	419-586-4030
Infant Massage Classes – Mercer Health Birthing Center	419-678-5670
Mercer County Council on Aging	419-586-1644
Mercer County Prevention Coalition	419-586-1000
Mercer County Veterans Office	419-586-3542
Mercer Health Community Outreach	419-678-5613
Ohio Rehabilitation Services (Ohio Means Jobs Center)	419-586-6409
Our Home Family Resource Center	419-586-4663
Parkview Behavioral Health Services (Ft. Wayne)	800-284-8439
Parenting Classes- Foundations	419-584-1000
State of the Heart Care	419-678-4808
Upper Valley Medical Center	800-772-5538
Van Wert County YWCA (Transitional Housing for Women and Children)	419-238-6639
We Care Center of Auglaize County	419-394-7451

Childhood Services

Infant and Early Childhood Services

Help Me Grow

4980 Mud Pike
Celina, OH 45822

419-586-1721

419-586-6375 (fax)

Email: sdorsten@mercerdd.org

Mercer Health Birthing Center

800 W. Main St.
Coldwater, OH 45828

419-678-5670

Email: info@mercer-heath.com

Mercer County Board of Developmental Disabilities

4980 Mud Pike
Celina, OH 45822

419-586-2369

419-586-6375 (fax)

Email: mkaup@mercerdd.org

Mercer County Head Start

585 E Livingston St
Celina, OH 45822

419-268-0301

419-268-0017 fax

*part day and full day services available

* Free for eligible families

Parent Support

Mercer County ESC Parent Mentor

441 E. Market St.
Celina, OH 45822

(419) 586-6628

Ohio Amblyope Registry

555 S. 18th Street
Suite AB4008A

Columbus, Ohio 43205

Toll-free: 877-808-2422

614-722-4071 (fax)

www.ohioamblyoperegistry.com

The Ohio Amblyope Registry provides free adhesive patches for the treatment of amblyopia (cloth patches available; limited amount) and free literature

State Support Team Region 6

1045 Dearbaugh Ave. Suite 1
Wapakoneta, OH 45895

1-800-686-2945

419-738-9199 fax

Higher Education

Vantage Career Center ASPIRE

servicing Auglaize/Mercer County

420 N Brandon Ave

Celina, OH 45822

419-998-2956

Wright State University Lake Campus

7600 Lake Campus Dr.

Celina, OH 45822

419-586-0300

419-586-0358 fax

Area Recreation Facilities

Centerview Park, Neptune

Eastview Park, Celina

Fort Adams, 127 N

Harbor Point Picnic Area/Beach, Harbor Point, Celina

Mercelina Park, Celina

St. Henry Community Park, St. Henry

Chickasaw Community Park, Chickasaw

Eden Haven Park, Hellwarth Rd, Celina

Grand Lake St. Marys

Memorial Park, Coldwater

Shanes Woods, Rockford

Zuma Park, Montezuma

Area Pools

Bryson Memorial Pool, Celina

Coldwater Pool, Coldwater

Fort Recovery Pool, Fort Recovery

St. Henry Pool, St. Henry

YMCA Pool, Celina

Splash Pad, Rockford Shane's Park

Child Care and Preschools	Contact for questions or for tours	Age of Child	Days/Hours Operation	Payment	Transport	Residence	Potty Trained
Bright Future Preschool 402 Stachler Dr. St. Henry, OH 45883 419-678-8619	Abbie Homan	6 weeks-school age	M-F 6:00am-6:00pm	Self-Pay and MCJFS*	Self-Transport	Open Enrollment	No
Mercer County Head Start 585 E. Livingston St. Celina, OH 45822 419-268-0301	Amy Esser 419-268-0017 (fax)	3, 4, 5	M-Th 8:00-11:30 M-Th 12:30-4:00	Free	Self-Transport	Mercer County/ Celina School	
Chapel Hill Preschool 7956 St. Rte. 119 Maria Stein, OH 45860 419-925-1102	Maria Rethman	3, 4, 5	Preschool: T, Th: 8:15-11:15 T, Th: 12:15-3:15 Pre-K: M, W, F: 8:15-11:15 M, W, F: 12:15-3:15	Self-Pay	Self-Transport	Open Enrollment	✓
Creative Discovery Preschool 119 E. Fulton St. Celina, OH 45822 419-586-2199	Mindy Sudhoff msudhoff@spcelina.org www.creativediscoverypreschool.com	3, 4, 5 **3 by Aug. 1st	M,W,F 8:30-11:30 M,W,F 12:30-3:00 T, Th 9:00-11:30 T, Th 12:30-3:00	Self-Pay	Self-Transport	Open Enrollment	✓
Daycare Discoveries, LLC 8035 Flyer Drive Maria Stein, OH 45860 419-925-3025	Amanda Goettemoeller			Self-Pay			
Ft. Recovery Preschool 865 Sharpsburg Rd. Ft. Recovery, OH 45846 419-375-4131	Mary Diller diller@fortrecoveryschools.org www.fortrecoveryschools.org 419-375-1126 (fax)	3, 4, 5	M-F 8:00am-3:30pm	Self-Pay Tuition Assistance	Self-Transport	Open Enrollment	No
Graceland Preschool 520 Portland St. Celina, OH 45822 419-586-7091	Christine Mastin gracelandpreschoolcelina@gmail.com	3, 4, 5	3's: W 1:00-3:30 3-4's: T, Th 1:00-3:30 Pre-K: T,W,Th 9:00-11:30	Self-Pay	Self-Transport	Open Enrollment *Christian Atmosphere	✓
Immaculate Conception Preschool 200 W. Wayne St. Celina, OH 45822 419-586-2379	Polly Muhlenkamp	3, 4, 5 **by Aug. 1st	Pre 1 (3-4) T, Th 8:30-11:15 Pre 2 (4-5) M-Th 8:30-11:15	Self-Pay	Self-Transport	Open Enrollment	✓

Kids Kastle 6783 Staeger Rd. Celina, OH 45822 419-586-0903	Cindy Braun Jodi Will	6 weeks- 12 years	M-F 6:00am-6:30pm	Self-Pay and MCJFS*	Self- Transport	Open Enrollment	✓
Little Flower Learning Center 603 Touvelle St. Celina, OH 45822 419-586-8030	Stacy Ferrall/Aimee Fleurette **Celina City School Bus Stop **Head Start Pick up/Drop off in pm	Newborn to age 12	M-F 4:30am-6:30pm	Self-Pay and MCJFS*	Self- Transport	Open Enrollment	Preschool: 3's: NO 4-5's: YES
Mercer County ESC Special Education Preschool 441 E. Market St. Celina, OH 45822 419-586-6628	Valerie Scott	3, 4, 5	M-Th Hours vary by site	Free for eligible families \$120 for typical	Self-Pay for typical Transport available for eligible	Mercer County	Preschool Only
Parkway Preschool 400 Buckeye St. Rockford, OH 45882 419-363-3045	Mark Esselstein, Supervisor Michelle Tribolet, Secretary	3, 4, 5 **by Aug. 1st	M, W: 8:30am-11:00am M, W: 12:00pm-3:00pm T, Th: 8:30am-11:00am T, Th: 12:00pm-3:00pm	Self-Pay Grant Funds Available	Self- Transport	Open Enrollment	✓
St. Henry Preschool 251 E. Columbus St. St. Henry, OH 45883 419-678-4834	Adam Puthoff 419-678-4835 fax	Must be 4 to start program	M, W: 8:00am-11:00am M, W: 11:55am-2:55pm T, Th: 8:00am-11:00am T, Th: 11:55am-2:55pm	Self-Pay	Self- Transport	St. Henry Resident *after May open to all	✓
Stepping Ahead Learning Center 802 Weis St. Coldwater, OH 45828 419-678-7000	Chris Buschur	6 weeks- 12 years	M-F 6:00am-8:00pm	Self-Pay and MCJFS*	Self- Transport	Open Enrollment	✓
Mercer Co. Job & Family Services (MCJFS) 220 W. Livingston St., Ste 10 Celina, OH 45822 419-586-5106 ext. 15	Dee Fullenkamp 419-586-5643 fax dee.fullenkamp@jfs.ohio.gov	* Mercer County Department of Job and Family Services oversees a child care subsidy program that helps families pay for all or part of the cost of care with centers or licensed in home child care providers.					
			Family Size	Income Limit for Initial Eligibility			
			2	\$1736 gross/month			
			3	\$2184 gross/month			
			4	\$2633 gross/month			
			5	\$3081 gross/month			
YWCA Child Care Resource & Referral 616 S. Collett St., Ste 102 Lima, OH 45805 800-992-2916	419-225-5313 fax	The YWCA Child Care Resource and Referral strengthens communities by helping families find quality child care, working with providers to improve child care settings and to promote high quality standards. All resource and referral services are free of charge to all residents of Mercer County. Hours of operation M-F 8:30am-5:00pm					

Schools

Tri Star Career Compact	419-586-7060
Celina City Schools	419-586-8300
High School	Ext. 1500
Primary (East K-2 nd grades)	Ext. 2500
Elementary (West 3 rd & 4 th grades)	Ext. 3500
Intermediate (5 th & 6 th grades)	Ext. 3000
Middle (7 th & 8 th grades)	Ext. 2000
Special Education	Ext. 1008
Coldwater Exempted Village Schools	
Coldwater Elementary	419-678-2613
Middle School	419-678-3331
High School	419-678-4821
Ft. Recovery Schools	
Ft. Recovery Elementary	419-375-2768
Middle	419-375-2815
High School	419-375-4111
Immaculate Conception School	419-586-2379
Marion Local Schools	
Marion Local Elementary	419-925-4595
High School	419-925-4597
Mercer County Educational Service Center	
Mercer County Educational Service Center	419-586-6628
Pre-School Program	419-586-6628
Alternative Education Center/Opportunity (Credit Recovery)	419-586-6628
Special Education	419-586-6628
Parent Mentor	419-586-6628 ext. 240
Parkway Schools	
Parkway Elementary	419-363-3045
High School	419-363-3045
St. Henry Consolidated Schools	
St. Henry Elementary	419-678-4834 option 4
Middle	419-678-4834 option 3
High School	419-678-4834 option 2
GED	
ASPIRE Adult Basic Literacy Education, Serving Auglaize & Mercer County	419-998-2956

Transportation

Grand Lake Transit
4410 Nicholson Dr.
Celina, OH 45822
PH 419-586-3965

West Ohio Community Action Partnership COLT
420 N. Brandon, Suite A
P.O. Box 282
Celina, OH 45822
PH 844-221-9447



Employment

Workforce Innovation & Opportunity Act (WIOA)
OhioMeansJobs Center
***Ohio Department of Job & Family Services**
***Veterans Employment Services**
***Opportunities for Ohioans with Disabilities**
220 W. Livingston St.
Room B272
Celina, OH 45822
419-586-6409
Fax 419-586-2665
<http://www.mercercountyohio.org/wioa> (local)
<http://ohiomeansjobs.com> (state)

Manpower
1915 Havemann Rd.
Celina, OH 45822
419-586-9888
Fax 419-586-9980

Spherion
323 E. Spring St.
St. Marys, OH
45885
419-394-6179

Westaff
1301 McKinley Rd.
St. Marys, Ohio
419-394-8444
By appointment only
www.westaff.com

Libraries/Museums

Coldwater Public Library
305 W. Main St.
Coldwater, OH 45828
419-678-2431

Ft. Recovery Library
113 N. Wayne St.
Ft. Recovery, OH 45846
419-375-2869

Ft. Recovery State Museum
1 Fort Site Street
Ft. Recovery, OH 45846
419-375-4649

Marion Twp. Branch Library
5 E. Franklin St.
Chickasaw, OH 45826
419-925-4966

Mendon Branch Library
105 W. Market St.
Mendon, OH 45862
419-795-6472

Mercer Co. Historical Museum
130 E. Market St.
Celina, OH 45822
419-586-6065 or 419-678-2614

Mercer County Library-Celina
303 N. Main St.
Celina, OH 45822
419-586-4442

Rockford Carnegie Library
162 S. Main St.
Rockford, OH 45882
419-363-2630

St. Henry Branch Library
200 E. Main St.
St. Henry, OH 45883
419-678-3128

Elder Care

Community Health Professionals of Celina
Private Duty/Skilled, Hospice, Community Adult
Day Care
816 Pro Drive
Celina, OH 45822
419-586-6266 Fax 419-586-4727
www.comhealthpro.org

Mercer County Council on Aging
217 S. Riley St.
Celina, OH 45822
419-586-1644
Fax 419-586-1645
www.mcco.net

Free Forum of Resources on
Elder Education for
Mercer County
www.mercerfree.care

Assisted Living & Nursing Home

Celina Manor
1001 Myers Rd
Celina, OH 45822
419-586-6645
Fax 419-586-5858
administrator@Celina.Manor.com
www.celinamanor.com

**Miller House (Assisted
Living)**
1506 Meadowview Dr.
Celina, OH 45822
419-586-2484
Fax 419-586-2820

Gardens at Celina
1301 Myers Rd
Celina, OH 45822
419-584-0100
Fax 419-584-0886
www.thegardenscelina.com

Gardens at St. Henry
522 Western Ave.
St. Henry, OH 45883
419-678-9800
Fax 419-678-9329
www.thegardenssthenry.com

Briarwood Village
100 Don Desch Dr.
Coldwater, OH 45828
419-678-2311
Fax 419-678-3491
administrator@briarwood-village.com
www.briarwood-village.com

**The Laurels of Shane
Hill**
10731 St. Rte. 118
Rockford, OH 45882
419-363-2620
Fax 419-363-2354

Colonial Nursing Center
203 Buckeye St.
Rockford, OH 45882
419-363-2193
Fax 419-363-2460
admn@colonialnursingcenter.com

Home Health Care, Hospice Care and Respite Care

Mercer Health Home Care
909 E Wayne St, Ste. 126
Celina, Ohio 45822
419-584-0143
419-584-1783 (fax)

Family Care Options, Inc.
5327 St Rt 29
Celina, OH 45822
419-586-2576
www.familycareoptionsinc.com

State of the Heart Care
230 W. Main St.
Coldwater, OH 45828
419-678-4808
419-678-2809 (fax)
www.stateoftheheartcare.org

**Mercer Residential Services
(for individuals with disabilities)**
420 S Sugar St
PO Box 603
Celina, OH 45822
419-586-4709
419-586-3069 (fax)



**Community Health Professionals
of Celina**
816 Pro Dr.
Celina, OH 45822
419-586-1999
419-586-4727 (fax)
Private Duty Nursing PH 419-586-6266
www.comhealthpro.org

Hospitals

Mercer Health Hospital and Urgent Care website: www.mercer-health.com	419-678-2341/419-586-1611
Joint Township District Mem. Hospital and Urgent Care website: www.grandlakehealth.org	419-394-3335/877-564-6897

Additional Medical Facilities

Health Partners of Western Ohio (Lima)	419-221-3072
Grand Lake Regional Cancer Center	419-584-1900
Jay County Hospital (Indiana)	260-726-7131
Van Wert County Hospital	419-238-2390/800-686-3963
Wayne Hospital (Darke Co.)	800-589-2963
Shriners Hospital Referral Line	800-237-5055

Family Practice Physicians

Mercer Health:	
Brown, Mark D./Uhlenhake, Bev CNP	419-678-2371
Holleran, Neal M.D.	419-586-1664
Hosbach, Edward D.O./Moeller, Stephanie M.D./Uhlenhake, Bev CNP	419-375-4144
Heinricks, Timothy M.D.	419-763-5300
Schwieterman, James M.D./Kleinhenz, Heather M.D.	419-925-4613
Masser, Phillip M.D./Wolters, Nancy CNP	419-586-3113
Naveau, John M.D./Core, Megan M.D.	419-678-2354
Rohrer, David M.D.	419-375-2112
Satya, Shanthi M.D.	419-586-1618
Sell, Jerry M.D./Dellinger Rona CNP	419-363-3008
Winner, Michelle D.O./Wellman, Linda CNP	419-678-2381
Winner, Jonathan D.O.	419-586-1863
Grand Lake Health:	
Luedeke, James M.D./Wical, Sheldon D.O./Werner, Sara D.O.	419-628-3821
Josey, Michael M.D./McNaughton, Dawn M.D./Nicole CNP (Grand Lake Primary Care)	419-394-9959
Roode, Terry M.D./McCollum, Kate CNP (Southland Medical Center)	419-629-2772
St. Marys Family Practice	419-394-4813
White, Peter M.D./Kline, Leann M.D.	419-586-6489

Pediatricians

Mercer Health: Eckert, Julia M.D./Jungblut, Melanie M.D./Nallu, R M.D./Waite, Teresa CPNP	419-586-7940
Grand Lake Health: Aganon, Efren M.D./Zegarski, Thomas M.D./Devine, Julie CNP/Swain, Julie CNP	419-394-9579
Hohman, Jennifer-Van Wert	419-232-2077

Obstetrics/Gynecology

Mercer Health:	
Kesselring, Rick M.D.	419-586-2226
Glance, Jennifer D.O.	419-586-3198
Rosado, David M.D.	419-586-1118/419-375-2939
Perry, Alissa M.D.	419-586-5170
Grand Lake Health:	
Grand Lake OB/GYN	419-394-7314

Optometry

Dickman James, Brunner Jillynn, Wellman Tobe Alicia, Speelman, Tyler O.D.	419-394-5184/419-678-3016
Fishbaugh, Michael O.D.	419-678-8800
Gerlach, Brian O.D.	419-586-3151
Mercer In-Sight Otte, Chad O.D./Werling, Joshua O.D.	419-586-2909
Wilken, Paul O.D.	419-586-5149
New Bremen Eye Care	419-629-3241

Dentistry

Homan, Kurtis D.D.S./Wenning, Benjamin D.D.S	419-678-4806
Kline, Curtis D.D.S.	419-678-3170
Schleucher, Laura D.D.S./Kline, Clayton D.D.S.	419-586-1661
Willmann, Sarah D.D.S.	419-586-4738
Granger, John D.D.S.	419-363-3537
Fleagle, Jeff D.D.S.	419-394-2413
Widner, Dane D.D.S.	419-394-5178
Van Wert Family Dentistry	419-238-0248
Meyer, Tyra D.D.S./Leopold, Andrea D.D.S (Child Specialist Lima, Ohio)	419-229-3007
St. Rita's Dental Clinic (Lima, Ohio)	419-226-9086
Minster Dental Clinic (Minster, Ohio)	419-628-3380
Monarch Dental Associates (Piqua, Ohio)	800-398-4234
Sidney Dental (Offices in Sidney and Greenville)	937-492-4598
Small Smiles Dental Clinic (Dayton, Ohio)	937-268-1665
Children's Medical Center Dental Clinic (Dayton, Ohio)	937-641-3455/937-226-8455
Nationwide Children's Dental Clinic (Columbus, Ohio)	614-722-5650

Specialty Physicians

Audiology	
Meiring, Peg Au.D.,FAAA/Lininger-Hunter, Ellen Au.D., FAAA	419-584-2255
Auglaize Audiology	419-739-7575
Cardiology	
Ajlouni, Sayyah, M.D.	419-586-1669
Boley, J. M.D.	567-890-9000
Kakarla, Rajendra. M.D	419-629-3663
ENT	
Vanan, Suri, M.D.	419-586-6480
General Surgery	
Bryant, Lance D.O./Keighley, Robert D.O	419-394-3332/419-678-4887
Reichert, James D.O.	419-586-6480/419-394-3335
Neurology	
Alexander, Natasha D.O/Maceroni, Peter D.O.	419-394-9522
Oncology	
Gerad, Henry M.D. The Gerad Center	419-586-0990/866-586-0990
Ophthalmology	
Wilding, John D.O./Schemmel, William D.O.	419-586-3828/800-492-8040
Orthopedic Surgeons	
Kemmler Orthopedic Center	419-586-5760
Orthopedic Institute of Ohio	419-394-4636/800-225-3921
Podiatry	
Kirk, Daniel D.P.M.	419-586-7874
Hanzel, Kevin D.P.M	419-678-4399
Little, Eugene D.P.M.	419-394-8664
Urology	
Amaran, Thangaraj. M.D./ Cohen, Scott M.D.	419-586-6899
Infectious Disease	
Ellis, Wilfred/Berak, Solomon	419-586-9657
Vascular Surgeon	
Magee, Ron	419-586-9657

Agencies & Information

American Cancer Society

740 Commerce Drive Suite B

Perrysburg, OH 43551

888-227-6446 Fax 877-227-2838

www.cancer.org

- ❖ We help people Stay Well, Get Well, Find Cures and Fight Back.
- ❖ 24 hours a day call center with Cancer Information Specialists

American Red Cross of West Central Ohio

610 Collett St

Lima, OH 45805

419-227-5121

www.redcross.org

Email: westcentralohio@redcross.org

- ♦ Disaster Relief
- ♦ Training in Adult, Child & Infant CPR
- ♦ Babysitting Classes
- ♦ Blood Donor Drives & Supervision
- ♦ First Aid
- ♦ Volunteer Training & Support
- ♦ Aquatic Supervision

Auglaize/Mercer Family YMCA

North Branch

7590 St. Rte 703

Celina, OH 45822

419-586-9622

<http://amymca.org/>

- ♦ Childcare for Infants up to school age
- ♦ Adult Health and Wellness Programs
- ♦ Preschool Age Activities & Programs
- ♦ School Age Activities & Programs
- ♦ Financial Sponsorship Available
- ♦ Pool
- ♦ Gymnasium
- ♦ Exercise Equipment
- ♦ Cardio Equipment

South Branch

04075 Wuebker Rd.

Minster, OH 45865

419-629-9622

Big Brothers/Big Sisters of Mercer, Auglaize & Van Wert Counties

1005 N Main St, Celina, OH 45822

419-584-2447 or 866-670-2227

- ❖ One to one program—Matching a little brother or little sister with an adult volunteer
 - ❖ Big Buddy/Little Buddy Program School Mentoring-High School students are matched with elementary students.
- www.bbbsma.com

Cancer Association of Mercer County

218 S. Main St. Suite A, PO Box 624

Celina, OH 45822

419-584-0014

www.camc-ohio.org Email: camc@bright.net

- ❖ Financial help for Mercer County residents with a cancer diagnosis: Transportation, medication, wigs/turbans, nutritional supplements, prostheses/ostomy supplies

Choosing Life (Pregnancy)

560 Touvelle St

Celina, Ohio 45822

419-733-4847 or 567-890-5433 (LIFE)

www.choosinglife.us

Email: choosinglife@bright.net

- ♦ Support Groups
- ♦ Adoption Planning
- ♦ Abortion Alternatives
- ♦ Ultrasounds
- ♦ Pregnancy Testing & Counseling
- ♦ Fetal Development
- ♦ Parenting Classes
- ♦ Mom to Mom classes

Community Sports & Therapy Center

<http://www.cstcenter.com/>

1107 N. Main St., Celina, OH 45822
800 W. Main St., Coldwater, OH 45828
1830 Union City Rd., Ft. Recovery, OH 45846
419-586-2077 419-678-5125 419-375-8304

- ♦ Physical & Occupational Therapy
- ♦ Lymphedema Therapy
- ♦ Orthotic/Prosthetic Services
- ♦ Pediatric Speech Pathology
- ♦ Pediatric Physical & Occupational Therapy
- ♦ Conditioning & Aquatics Program
- ♦ Speech Pathology
- ♦ Massage Therapy
- ♦ Sports Therapy
- ♦ Industrial Medicine

Family Crisis Network

117 W. Fayette St.

P.O. Box 632, Celina, OH 45822

419-586-1133

- ❖ Assistance for Victims of Domestic Violence & Sexual Assault
- ❖ 24 Hour Hot Line 419-586-1133
- ❖ Shelter For Domestic Violence
- ❖ Group Support
- ❖ Referrals, Case Planning
- ❖ Court Advocacy
- ❖ Protection Order Assistance

Foundations Behavioral Health Services

4761 St. Rte 29, Celina, OH 45822

419-584-1000 Emergency 800-567-4673

1-800-523-3978 (toll free daytime)

Fax 419-584-1825

- ♦ Drug Free Workplace Training
- ♦ Crisis Intervention Services
- ♦ Intensive Home Based Services
- ♦ Employee Assistance Programs
- ♦ Anger Management Classes
- ♦ Intensive Outpatient Program
- ♦ Driver Intervention Program (DWI)-NASP
- ♦ Women's Program & Counseling
- ♦ Individual, Family and Group Counseling
- ♦ Skills Building/Problem Solving Groups
- ♦ Psychiatric Services/Medication Management
- ♦ Diagnostic Assessment
- ♦ Hospitalization Screening
- ♦ Drug & Alcohol Treatment
- ♦ Drug & Alcohol Testing
- ♦ Prevention Programs
- ♦ Case Management

- ◆ Early Childhood Services/Play Therapy

Joint Township District Memorial Hospital

200 St. Clair St, St. Marys, OH 45885

419-394-3335

Website: www.grandlakehealth.org

- ◆ Occupational Medicine
- ◆ Neurological Center
- ◆ Pain Management
- ◆ Family and General Practice
- ◆ Neonatology, Obstetrics, Gynecology
- ◆ Hospice/Hospice Comfort Suites
- ◆ Rehab Services
- ◆ Urgent Care
- ◆ Wound Care Center
- ◆ Sleep Center

JTDMH Celina Medical Center

801 Pro Drive, Celina, OH 45822

Website: www.grandlakehealth.org

- ❖ Pediatrics - **419-394-9579**
- ❖ Family Practice and Pediatrics - **419-586-6489**
- ❖ Neonatology, Obstetrics, Gynecology - **419-394-7314**
- ❖ ENT & Sinus Center – **419-586-6480**
- ❖ Surgery- **419-586-6480**

Mercer County Board of Development Disabilities (Cheryl Ann Programs)

4980 Mud Pike, Celina, OH 45822

419-586-2369 Fax 419-586-6375

Website: www.mercerdd.org

- ◆ Adult Training & Work Programs
- ◆ Family Support
- ◆ Case Management & Advocacy
- ◆ Child & Adult programs for developmentally delayed individuals
- ◆ Job Placement
- ◆ Referral Services

Mercer County Child Support Enforcement

220 W. Livingston St., B181

P.O. Box 649, Celina, OH 45822

419-586-7961 Fax 419-586-2151

- ❖ Federal, State & Local effort to collect child support from parents who are legally obligated to pay
- ❖ Established Paternity
- ❖ Locate Absent Parents
- ❖ Establish, modify & enforce child & medical support
- ❖ Wage Withholding Orders, tax offset program, license suspension, liens, judgments, criminal non-support actions

Mercer County Council on Aging

217 Riley St., Celina, OH 45822

419-586-1644 Fax 419-586-1645

- ❖ Age 60 & over, Mercer County Residents
- ❖ Transportation to doctor & personal appointments, hospital, on site meals & grocery.
- ❖ Out of county Transportation-Medical appt. only
- ❖ Social Activities
- ❖ Fitness and Wellness
- ❖ Congregate Meals- 4 Locations

- ❖ Chore/homemaker services
- ❖ Medicare/insurance assistance

Mercer County Head Start

585 E Livingston St, Celina OH 45822

****No cost/Must meet eligibility requirements**

419-268-0301 Fax 419-268-0017

www.mercerheadstart.org

- ❖ Individualized Teaching including Special Education Services
- ❖ School Readiness Goals for All Children
- ❖ Use of Technology in Classrooms
- ❖ Cognitive and Health Screenings
- ❖ Family Involvement and Support

Mercer County Health District

220 W. Livingston, B152, Celina, OH 45822

419-586-3251 ext. 1270 Fax 419-586-2583

Website: www.mchdohio.org

Email: district@mchdohio.org

- ◆ Immunization Clinic by appointment only
 - Thursday Clinics 9:30am - 5:30pm
 - M, T, W & F 7:30-3:30 depending on nurse availability
- ◆ Vision/Hearing
- ◆ Car Seat Safety Program
- ◆ Medical Reserve Corps
- ◆ Tuberculosis skin tests, blood pressure screens
- ◆ Children with Medical Handicap Program (CMH)
- ◆ Communicable disease surveillance
- ◆ Lead & Hemoglobin Testing
- ◆ Emergency Response Planning

Services

- ◆ Birth and Death Certificates
- ◆ Animal Bite Reporting
- ◆ Water sample collection, water well permits, sewage system permits
- ◆ Food service operation licenses
- ◆ Radon Awareness/Education
- ◆ Rabies Testing

Area STD (Sexually Transmitted Diseases) and HIV Testing – Call for time and instructions

Allen County Health Dept.

219 E Market St
Lima, OH 45801
419-228-4457

Van Wert County Health Dept.

1179 Westwood Dr.
Van Wert, OH 45891
419-238-0808 ext 101

Mercer County Medical Reserve Corps

220 W. Livingston St. B152, Celina, OH 45822

419-586-3251 Ext. 1286 Fax: 419-586-2583

Email: bsteinbrunner@mchdohio.org

- ❖ Volunteers building strong, healthy and prepared communities
- ❖ Medical and non-medical volunteers accepted
- ❖ Training provided, participate in county exercises
- ❖ Share skills and expertise throughout the year and during time of community need
- ❖ Partner with county agencies to be well-prepared in the event of a disaster

Mercer County Help Me Grow

4980 Mud Pike, Celina, OH 45822

419-586-1721 Fax 419-586-6375

Website: www.helpmegrow.ohio.gov

Website: <http://ohioearlyintervention.org>

- ♦ Pregnant Women
- ♦ Children Birth to Three
- ♦ Coordination of Services
- ♦ Home Visits
- ♦ Individual Family Service Plans
- ♦ Family Plans
- ♦ Educational Program Materials
- ♦ Development Evaluation & Identification of needs
- ♦ Early Intervention Services & Referrals
- ♦ Education & Support for families

Mercer County Job & Family Services

220 W. Livingston St., Suite 10, Celina, OH 45822

419-586-5106 Fax 419-586-5643

- ♦ Health Start/Medicaid
- ♦ Family & Children Services
- ♦ Cash Assistance Program
- ♦ Food Assistance Program
- ♦ Emergency Assistance
- ♦ Adoption & Foster Care
- ♦ Workforce Development
- ♦ Child Abuse & Neglect
- ♦ Adult Services
- ♦ Child Care Services

Mercer County Veterans Service Office

220 W. Livingston St., B270, Celina, OH 45822

419-586-3542 Fax 419-586-7702

- ❖ Help with Applications For All VA Benefits
- ❖ Emergency Financial Assistance For Veterans
- ❖ Transportation to VA Medical Appointments

Mercer County W.I.C. (Supplemental Nutrition Education Program for Women, Infants & Children)

112 N Main St., Celina, OH 45822

419-584-0037 Fax 567-279-9370

- ❖ Program for pregnant, breastfeeding & postpartum women; infants and children to age five
- ❖ Nutrition Counseling & Coupons for Nutritional Assistance
- ❖ Breastfeeding Assistance
- ❖ Peer Helper program for pregnant and breastfeeding women

Mercer Health Cardiopulmonary Rehabilitation

800 W. Main St., Coldwater, OH 45828

419-678-5180 Fax 419-678-5639

- ♦ Wellness Program
- ♦ Psychosocial Support
- ♦ Breathing Retraining
- ♦ Weight Management
- ♦ Individualized, monitored exercise training
- ♦ Risk Factor modification
- ♦ Baseline and Follow-up Assessment
- ♦ Education- nutrition, medications, stress management, anatomy of the cardiac/pulmonary systems, smoking cessation

Mercer Health Disease Management

950 S. Main St., Celina, OH 45822

419-586-9657

Diabetes Center

- ❖ Diabetes Education by Certified Diabetic Educators
- Wound Healing Center
- ❖ Wound Care by Certified Wound Nurses or Nurse Practitioner
- ❖ Compression Hose
- ❖ Ostomy Care

Mercer Health Home Care

1107 N. Main St., Ste. 8, Celina, OH 45822

419-584-0143

Healthcare in yOur Home

provided by:

- ♦ Registered Nurses
- ♦ Home Care Aides
- ♦ Registered Dietitians
- ♦ Social Service Personnel
- ♦ Respiratory Therapist
- ♦ Physical, Occupational and Speech Therapists

Home Medical Equipment & Supplies:

- ♦ Hospital Beds, wheelchairs etc.
- ♦ Oxygen
- ♦ CPAP
- ♦ Diabetic & Ostomy Supplies

Mercer Health Hospital

800 W. Main St., Coldwater, OH 45828

419-678-2341 Fax 419-678-5608

Website: www.mercerhealth.com

- ♦ Cardiology
- ♦ Wellness Services
- ♦ Cardiopulmonary Rehab
- ♦ Sleep Care
- ♦ Occupational Health
- ♦ Internal Medicine
- ♦ Eye Surgery, Plastic Surgery & Orthopedic Surgery
- ♦ Family and General Practice
- ♦ Home Health Neighborhood Nurse Program
- ♦ Medical/Surgical/Emergency Services
- ♦ Neonatology, Obstetrics, Gynecology & Pediatrics
- ♦ Neighborhood Nurse Program

Mercer Health Sleep Care

800 W. Main St., Coldwater, OH 45828

419-678-ZZZZ (9999) Fax 419-678-5998

- ❖ Full service sleep lab provides clinical evaluation, diagnosis and treatment of sleep disorders
- ❖ Weekly Sleep Clinic
- ❖ Open weekly appointments
- ❖ Most insurance accepted

Mercer Health Outpatient Center

800 W. Main St., Coldwater, OH 45828

419-678-5681 Fax 419-678-5240

Extended hours, weekends and holidays when scheduled in advance

- ♦ Blood administration
- ♦ Chemotherapy
- ♦ Allergy Injections
- ♦ IM Injections
- ♦ Coagulation Clinic
- ♦ Epidural Injections for Pain Mgmt.

- ♦ IV Infusions/Antibiotics
- ♦ Central Line/Implanted Port Care

Mercer Health Wellness and Occupational Health Services

950 S. Main St., Celina, OH 45822

419-586-1220

Occupational Health

- ❖ Providing services at your company or at our facilities
- ❖ Worksite wellness: Health Fairs, Education, Hearing, Conservation, First Aid, CPR, AED and lab testing
- ❖ Physicals: CDL, Respirator and fit testing, chemicals, vision screening, preplacement
- ❖ BWC – work related injury follow-up with occupational medicine physician
- ❖ Rehabilitative, environmental and occupational medicine, employee assistance
- ❖ Safety consulting
- ❖ Drug and alcohol testing
- ❖ Vaccines: flu, tetanus
- ❖ EAP (Employer Assistance Program)
- ❖ Affiliated with West Central Ohio Regional Health Care Alliance (WCORHA)

Community Outreach

- ❖ Neighborhood Nurse Program brings screenings to communities monthly
- ❖ Community Health Fairs

Please call us for further questions about our services.

North American Indian Cultural Center

304 E. Anthony St., Celina, OH 45822

419-586-6567 Fax: 419-586-1570

- ❖ Cultural Support
- ❖ Food & Family Assistance
- ❖ Coats
- ❖ Referrals to other agencies

OSU Mercer County Extension Service

Central Services Building

220 W. Livingston St Rm B252, Celina, OH 45822

419-586-2179 Fax 419-586-3367

Programs available in Agriculture and 4-H Youth.

- ❖ A large variety of resources and research based fact sheets are available, some for a small fee.

Victim Assistance Program

119 N. Walnut St., Celina, OH 45822

419-586-8677 Fax 419-586-8747

Services for

- ❖ Victims of felony crimes
- ❖ Court support
- ❖ Restitution to victims

Our Home Family Resource Center

117 W. Fayette St., Celina, OH 45822

419-586-4663 Fax 419-586-5210

Website: www.ourhomefrc.com

♦ Centralized information & referral	♦ Food Pantry
♦ Emergency Financial and Medication Assistance per guidelines	

Also Housing:

- ♦ Family & Children First Council
- ♦ Family Crisis Network (Domestic Violence & Sexual Assault Assistance)
- ♦ RAFT (Supervised Visitation)

Serving Friends & Family

Mercer County Salvation Army Service Center

1978 Havemann Rd #105

419-586-3767

Hours: Monday-Friday 9am-4pm

- ❖ Assessments/Limited Counseling
- ❖ Delivering and Pick up of furniture
- ❖ Incarceration Ministry
- ❖ Voucher Program
- ❖ Community Ministry (Adopt-A-Block)
- ❖ Minor Repairs
- ❖ Snow removal/Lawn Care
- ❖ Family Moving (Mercer and Auglaize)
- ❖ Funerals/Nuptials

West Ohio Community Action Partnership

420 N. Brandon Ave. Suite A P.O. Box 282

Celina, OH 45822

844-221-9447

Website: <http://www.wocap.org>

- ♦ Home Ownership
- ♦ GED Classes
- ♦ Transportation
- ♦ Referral Services
- ♦ Family Support
- ♦ Seasonal Energy Assistance
- ♦ Emergency Services
- ♦ Financial Literacy

Workforce Innovation & Opportunity Act (WIOA) Area 8

Ohio Means Jobs Center

220 W. Livingston St., Rm B272, Celina, 45822

419-586-6409 Fax: 419-586-2665

- ♦ Job Search Assistance
- ♦ Occupational Skills Training
- ♦ Resume Preparation
- ♦ Job Postings & Applications
- ♦ Labor Market Information
- ♦ Youth Programs
- ♦ Adult and Dislocated Worker Programs
- ♦ Career Counseling and Assessments

WEBSITE ADDRESSES

American Red Cross of Auglaize and Mercer Co.	http://www.redcross.org
Foundations Behavioral Health Services	http://www.foundationsbhs.org/
Grand Lake Health (St. Marys Hospital)	http://www.grandlakehealth.org/
Legal Aid of Western Ohio & Domestic Violence	http://www.legalaidline.org
Mercer County	http://www.mercercountyohio.org/
Mercer County Council on Aging	http://aging.ohio.gov/resources/seniorcenters/3.aspx
Mercer County Job & Family Services	http://www.mercercountyohio.org/jfs/
To apply for Medical	http://www.benefits.ohio.gov
Mercer County Health Department	http://www.mccchd.org/
Mercer County Help Me Grow	http://www.helpmegrow.ohio.gov
Mercer County Board of Developmental Disabilities Cheryl Ann Programs	http://www.mercerdd.org
Mercer County Sheriff's Department	http://www.mercercountysheriff.org
Mercer County Veterans Service Commission	http://www.mercercountyohio.org/veterans/MercerCountyVeteransServiceOffice.pdf
Mercer County WIC	http://buildinghealthylives.org/WICserv.shtml
Mercer Health (Coldwater Hospital)	http://www.mercer-health.com/
Our Home Family Resource Center	http://www.ourhomefrc.com
West Ohio Community Action Partnership	http://www.wocap.org
Vantage Career Center ASPIRE	http://www.vantagecareercenter.com/ableded.aspx

TOLL FREE INFORMATION NUMBERS

AIDS Hotline (Ohio Department of Health)	800-332-2437	Legislative Information Hotline	800-282-0253
American Cleft Palate Foundation	800-242-5338	Long Term Care Ombudsman Program	800-653-7778
Attorney General's Public Action Line	800-282-0515	Missing Children Hotline	800-843-5678
Brain Injury Association of Ohio	800-444-6443	National Association for Education of Young Children	800-424-2460
Call A Nurse (8-12 Midnight)	888-844-2341	National Association for Hearing/Speech	800-638-8255
Child's Safety Seat Helpline	800-745-7233	National Highway Traffic Safety Administration	800-424-9393
Child's Safety Seat Helpline (Spanish)	800-747-7266	Ohio Bureau of Worker's Compensation	800-644-6292
Consumer Product Safety Commission Helpline	800-638-2772	Ohio Dept of Development	800-848-1300
Department of Agriculture Hotline	800-282-1955	Ohio Dept of Health Medicare Balance Billing Hotline	800-899-7127
Disability Rights Ohio	800-282-9181	Ohio Insurance Consumer Services	800-686-1526
Environmental Protection Hotline	800-282-9378	Ohio Public Utilities Commission	800-686-7826
Federal Election Commission	800-424-9530	Ohio Utilities Protection Service (OUPS)	800-362-2764
First Stop Business Connection	800-248-4040	Ohio Victims of Crime Programs	800-582-2877
Free Numbers for Toll Free Numbers	800-555-1212	Peace Corp.	800-424-8580
Help Me Grow Hotline	800-755-4769	Poison Control Center	800-222-1222
Home Energy Assistance Program (HEAP)	800-282-0880	Runaway Switchboard	800-786-2929
Immunization Information	800-282-0546	Shriners Hospital Referral Line	800-237-5055
Income Tax Forms & Publications and I.R.S.	800-829-3676	Social Security Information	800-772-1213
Information for Ohio	800-282-5393	State Department of Taxation	800-282-1780

Insurance Complaint Hotline	800-686-1526	Suicide Prevention Hotline	800-784-2433
Juvenile Diabetes Hotline	800-223-1138		

Community Based Support Groups

ALCOHOLICS ANONYMOUS MEETINGS 2018 MERCER AND AUGLAIZE COUNTIES: Additional information on Alcoholics Anonymous is available through <http://aadaytononline.org>

NARCOTICS ANONYMOUS MEETINGS 2018 MERCER AND AUGLAIZE COUNTIES: Additional information on meetings is available at <http://na.org/meetingsearch>

ALANON MEETINGS 2018 MERCER AND AUGLAIZE COUNTIES: 12 step based support group for family of friends of persons with drug and alcohol addictions. Additional information on ALANON is available at <http://www.al-anon.org>

NARANON MEETING 2018 AUGLAIZE COUNTY: 12 step based support group for family members and friends of persons with drug and alcohol addictions. Meetings are held at First English Lutheran Church 107 West Mechanic Street. Wapakoneta Ohio

BRIANNA'S HOPE: Faith Based support group for persons battling addictions of any kind. Meetings are held at 119 East Fulton Street (St Paul's Church). Please direct questions to Diane Mendelson at 419 586-6621 or Amber Mott at 567 644-9492.

CELEBRATE RECOVERY: 12 step Christian based support group for persons battling addiction or emotional difficulties. Meetings 119 East Fulton Street Celina Ohio (Grand Lake United Methodist Church).

AGAINST ALL ODDS (AAO)-CHOOSING CHRIST: Christian based support group for persons coping with addictions. Meets at Abounding Grace Church located at 7495 SR US 127 Celina Ohio. For more information please contact Randy Christian at 419 733-9515 or Trish Christian at 419 733-9648. An additional meeting is available in St Marys at the Resource & Opportunity Center (ROC) located at 128 South Spruce Street St Marys Ohio. Contact information for this meeting is Josh Meeker (567) 644-8158.

YOUTH OVERCOMING USAGE: Teen support group for persons with substance abuse problems. Meetings alternate between Wapakoneta and St Marys High School. Call Chris Estes at 419 549-8530 for further information.

OVEREATER'S ANONYMOUS MEETINGS 2018 AUGLAIZE AND MERCER COUNTIES: 12 step based support group for person's struggling with compulsive eating. Meetings are held at Grand Lake United Methodist Church 40 South High Street Montezuma Ohio. In Auglaize County meetings are at First English Lutheran Church 107 West Mechanic Street Wapakoneta Ohio.

NAMI CONNECTION RECOVERY SUPPORT GROUP: Peer led support group for persons living with mental illness. Meetings are at Celina Church of God, 850 Fairground Road, Celina in room 108. Additional information available at 419 953-1513 or celinaconnection@gmail.com

ONE STEP AWAY: Faith based emotional wells group for anyone battling anxiety, depression, or other emotional struggles. Meeting are at The Holy Trinity Church Basement, East Room, Coldwater Ohio. Additional information available on Facebook at One Step Away MC.

KINSHIP SUPPORT GROUP: Support group for person's caring for a loved one's child, either temporarily or permanently. Meetings held at the Richardson Bretz Building 119 West Fulton Street Celina Ohio. For questions or to RSVP please call (419)268-0301.

ADULT DRUG OVERDOSE SURVIVOR SUPPORT GROUP: Meetings at 16 East Auglaize Street Wapakoneta Ohio. For further information please call Chris Estes at 419 549-8530.

ALZHEIMERS SUPPORT GROUP: Meetings at Mercer County Council on Aging 217 Riley St, Celina Ohio. For further information call 416-586-1644

LET ME BE A CHILD

Reminders for Loving Parents

Let me know when I make you proud. And help me to have pride in my own accomplishments. Let me earn your trust. Then trust me. I won't let you down. Let me try my wings. If I fail, let me know it's OK. And encourage me to try again. Let me know you love me. With a hug. Or a pat on the back. Or, when I need it, with a firm but gentle "no". Let me be me. Let me change. Let me grow.

Let me tell you when I'm feeling bad. Or angry, even at you. Let me know that even on my worst days, you still like me. Let me dream. Share my joy when my dreams come true. Share my tears when they don't. Let me feel secure in my home. Help me realize that love is always there . . . that I can depend on you no matter what. Let me run . . . let me laugh . . . let me play . . . and most of all,

LET ME BE A CHILD!

