Hepatitis A

How to protect yourself from Hepatitis A

Hepatitis A is a serious liver disease caused by a virus. The virus is found in the feces (poop) of infected people. If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months.

HOW IS IT SPREAD?

- Not washing hands
- Sex with infected partners
- Eating/drinking foods contaminated by hepatitis A
- Illegal drug use

WHAT ARE THE SYMPTOMS?

- Yellowing of the eyes and skin (jaundice)
- Fever
- Nausea or throwing up

HOW DO I PREVENT IT?

- Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing foods.
- Get vaccinated. If you may have been exposed to someone with Hepatitis A contact your doctor or go to the ER.

For additional information on Hepatitis A, please call 419-586-3251