

# Hepatitis A

## How to protect yourself from Hepatitis A

Hepatitis A is a serious liver disease caused by a virus. The virus is found in the feces (poop) of infected people. If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months.

### HOW IS IT SPREAD?



Not washing hands



Sex with infected partners



Eating/drinking foods contaminated by hepatitis A



Illegal drug use

### WHAT ARE THE SYMPTOMS?



Yellowing of the eyes and skin (jaundice)



Fever



Nausea or throwing up

### HOW DO I PREVENT IT?

Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing foods.

Get vaccinated. If you may have been exposed to someone with Hepatitis A contact your doctor or go to the ER.

For additional information on Hepatitis A, please call 419-586-3251



MERCER COUNTY  
**HEALTH DISTRICT**